

Week 1 - Goal Sheet

Day 1

1 hour - Reading the entire chapter - **Digestion & Absorption.**

1 hour - Reading - **Hydrocarbons - Classification, Nomenclature, Alkanes**

1 hour - Reading - **Thermodynamics - Thermal Equilibrium, Zeroth Law of thermodynamics**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

Day 2

1 hour - Reading the entire chapter - **Digestion & Absorption.**

1 hour - Reading - **Hydrocarbons - Alkenes, Alkynes**

1 hour - Reading - **Thermodynamics - Heat, Internal energy, work, First Law of thermodynamics**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

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Day 3

1 hour - Reading the entire chapter - **Breathing and Exchange of Gases**

1 hour - Reading - **Hydrocarbons - Aromatic compounds**

1 hour - Reading - **Thermodynamics - Specific heat capacity, State variable and state equations.**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

Day 4

1 hour - Reading the entire chapter - **Breathing and Exchange of Gases**

1 hour - Reading - **Organic Chemistry - Tetravalency of Carbon, Shape, Structure, Classification of organic compounds.**

1 hour - Reading - **Thermodynamics - Thermodynamics Process, Heat Engines**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

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Day 5

1 hour - Reading the entire chapter - **Body Fluids and Circulation**

1 hour - Reading - **Organic Chemistry- Nomenclature, Isomerism, Fundamental concepts in reaction mechanism.**

1 hour - Reading - **Thermodynamics - refrigerators and heat pumps, 2nd law of thermodynamics.**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

Day 6

1 hour - Reading the entire chapter - **Body Fluids and Circulation**

1 hour - Reading - **Organic Chemistry - Methods of purification, Qualitative and Quantitative Analysis.**

1 hour - Reading - **Thermodynamics - Reversible and Irreversible process, Carnot engines**

Reading, Learning, Going Through Synopsis - 3 Hours

50 MCQs - Biology

40 MCQs - Chemistry

10 MCQs - Physics

Solving MCQs of the sections that you read - 5 Hours

Go through everything that you did in the day, Retrospect. Re learn from the Mistakes that you did. Go through more sums, equations, formulae, diagrams. Solve more MCQS - 1 hour

Day 7

Revise what you learnt in the first six day.

Learn your weak concept areas, chapters again.

Solve some past questions from the respective chapters.

Take a test on the Merit store Website.

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Gooooood Luck !!!